Summary of Benefits and Coverage: What this Plan Covers & What it Costs



| Important Questions                                                  | Answers                                                                                                                                                    | Why this Matters:                                                                                                                                                                                                                                                                                                                                                                                                                                           |  |
|----------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| What is the overall <u>deductible</u> ?                              | <b>\$ \$1,000</b> person/ <b>\$2,000</b> family<br>Doesn't apply to preferred<br>provider preventive care, office<br>visits, labs, and x-rays.             | You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (January 1 <sup>st</sup> ). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .                                                                                                   |  |
| Are there other<br><u>deductibles</u> for specific<br>services?      | Yes. <b>\$250 person/\$500 family</b><br>for prescription drug coverage.<br>Doesn't apply to generic drugs.<br>There are no other specific<br>deductibles. | You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this plan begins to pay for these services.                                                                                                                                                                                                                                                                                                             |  |
| Is there an <u>out–of–</u><br><u>pocket limit</u> on my<br>expenses? | Yes. <b>\$3,400</b> person/ <b>\$6,800</b> family.                                                                                                         | The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (one calendar year) for your share of the cost of covered services. This limit helps you plan for health care expenses.                                                                                                                                                                                                                                                   |  |
| What is not included in the <u>out-of-pocket limit</u> ?             | Premiums, balance-billed<br>charges and health care this plan<br>doesn't cover.                                                                            | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .                                                                                                                                                                                                                                                                                                                                                                |  |
| Is there an overall<br>annual limit on what the<br>plan pays?        | No.                                                                                                                                                        | The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.                                                                                                                                                                                                                                                                                                                    |  |
| Does this plan use a<br><u>network</u> of <u>providers</u> ?         | Yes. See<br><u>www.wmimutual.com</u> or call<br>1-800-748-5340 for a list of<br>preferred providers.                                                       | If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or of the costs of covered services. Be aware, your in-network doctor or hospital may use ar out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how th plan pays different kinds of <b>providers</b> . |  |
| Do I need a referral to see a <u>specialist</u> ?                    | No.                                                                                                                                                        | You can see the <b>specialist</b> you choose without permission from this plan.                                                                                                                                                                                                                                                                                                                                                                             |  |
| Are there services this plan doesn't cover?                          | Yes                                                                                                                                                        | Some of the services this plan doesn't cover are listed on page 4. See your policy or plan document for additional information about <u>excluded services</u> .                                                                                                                                                                                                                                                                                             |  |

Questions: Call 1-800-748-5340 or visit us at www.wmimutual.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 1-800-748-5340 to request a copy. 72114ID0060005-00 Idaho gold 2 plan (1/17) SBC

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- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use preferred providers by charging you lower deductibles, copayments and coinsurance amounts.

| Common<br>Medical Event                                                                  | Services You May Need                            | Your Cost If<br>You Use a<br>Preferred<br>Provider | Your Cost If<br>You Use a<br>Non-Preferred<br>Provider | Limitations & Exceptions                                                                                              |
|------------------------------------------------------------------------------------------|--------------------------------------------------|----------------------------------------------------|--------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
|                                                                                          | Primary care visit to treat an injury or illness | 30% coinsurance                                    | 45% coinsurance                                        | Not subject to Deductible.                                                                                            |
| If you visit a health                                                                    | Specialist visit                                 | 30% coinsurance                                    | 45% coinsurance                                        | Not subject to Deductible.                                                                                            |
| care <u>provider's</u> office                                                            | Other practitioner office visit                  | 30% coinsurance                                    | 45% coinsurance                                        | Not subject to Deductible.                                                                                            |
| or clinic                                                                                | Preventive care/screening/immunization           | 0% coinsurance                                     | 45% coinsurance                                        | Deductible does not apply to preferred provider services.                                                             |
| If you have a toot                                                                       | Diagnostic test (x-ray, blood work)              | 30% coinsurance                                    | 45% coinsurance                                        | Not subject to Deductible.                                                                                            |
| If you have a test                                                                       | Imaging (CT/PET scans, MRIs)                     | 30% coinsurance                                    | 45% coinsurance                                        | none                                                                                                                  |
| If you need drugs to                                                                     | Generic drugs                                    | 25% coinsurance                                    | 25% coinsurance                                        | Deductible waived for generic drugs.                                                                                  |
| treat your illness or<br>condition<br>More information                                   | Brand drugs                                      | 50% coinsurance                                    | 50% coinsurance                                        | If a generic drug is available, the plan<br>pays equal to the generic amount and<br>the patient pays the difference.  |
| about <u>prescription</u><br><u>drug coverage</u> is<br>available at 1-800-748-<br>5340. | Specialty drugs                                  | 50% coinsurance                                    | 50% coinsurance                                        | Self-injectable drugs are paid under the<br>prescription drug benefit even if they<br>are administered by a provider. |
| If you have                                                                              | Facility fee (e.g., ambulatory surgery center)   | 30% coinsurance                                    | 45% coinsurance                                        | none                                                                                                                  |
| outpatient surgery                                                                       | Physician/surgeon fees                           | 30% coinsurance                                    | 45% coinsurance                                        | none                                                                                                                  |

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Coverage for: Individual/Family | Plan Type: PPO

| If you need<br>immediate medical<br>attention                           | Emergency room services<br>Emergency medical transportation | 30% coinsurance | 45% coinsurance | Non-preferred provider services will<br>be paid at the preferred provider<br>coinsurance if services are for an<br>emergency as defined in the policy.                                                                                                                                                                         |
|-------------------------------------------------------------------------|-------------------------------------------------------------|-----------------|-----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                         | Urgent care                                                 | 30% coinsurance | 45% coinsurance | none                                                                                                                                                                                                                                                                                                                           |
| If you have a<br>hospital stay                                          | Facility fee (e.g., hospital room)                          | 30% coinsurance | 45% coinsurance | A 10% penalty applies for non-<br>emergency admissions that are not pre-<br>certified.                                                                                                                                                                                                                                         |
|                                                                         | Physician/surgeon fee                                       | 30% coinsurance | 45% coinsurance | none                                                                                                                                                                                                                                                                                                                           |
| If you have mental                                                      | Mental/Behavioral health outpatient services                |                 |                 |                                                                                                                                                                                                                                                                                                                                |
| health, behavioral                                                      | Mental/Behavioral health inpatient services                 | 30% coinsurance | 45% coinsurance | none                                                                                                                                                                                                                                                                                                                           |
| health, or substance                                                    | Substance use disorder outpatient services                  |                 |                 |                                                                                                                                                                                                                                                                                                                                |
| abuse needs                                                             | Substance use disorder inpatient services                   |                 |                 |                                                                                                                                                                                                                                                                                                                                |
| If you are pregnant                                                     | Prenatal and postnatal care                                 | 30% coinsurance | 45% coinsurance | none                                                                                                                                                                                                                                                                                                                           |
| n you are pregnant                                                      | Delivery and all inpatient services                         | 30% coinsurance | 45% coinsurance | none                                                                                                                                                                                                                                                                                                                           |
|                                                                         | Home health care                                            | 30% coinsurance | 45% coinsurance | none                                                                                                                                                                                                                                                                                                                           |
| If you need help<br>recovering or have<br>other special health<br>needs | Rehabilitation services                                     | 30% coinsurance | 45% coinsurance | Physical therapy, occupational therapy<br>and speech therapy for rehabilitative<br>purposes are limited to 20 visits per<br>Calendar Year on a combined basis.<br>Physical therapy, occupational therapy<br>and speech therapy for habilitative<br>purposes are limited to 20 visits per<br>Calendar Year on a combined basis. |
|                                                                         | Habilitation services                                       | 30% coinsurance | 45% coinsurance | none                                                                                                                                                                                                                                                                                                                           |
|                                                                         | Skilled nursing care                                        | 30% coinsurance | 45% coinsurance | Limited to 30 days per Calendar Year.                                                                                                                                                                                                                                                                                          |
|                                                                         | Durable medical equipment                                   | 30% coinsurance | 45% coinsurance | none                                                                                                                                                                                                                                                                                                                           |
|                                                                         | Hospice service                                             | 30% coinsurance | 45% coinsurance | none                                                                                                                                                                                                                                                                                                                           |
| If your child needs dental or eye care                                  | Eye exam                                                    | 30% coinsurance | 45% coinsurance | Limited to one exam per Calendar<br>Year.                                                                                                                                                                                                                                                                                      |

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### Coverage Period: 01/01/2017-12/31/2017

Coverage for: Individual/Family | Plan Type: PPO

| Glasses         | 30% coinsurance | 45% coinsurance | Limited to one pair of lenses and frames per Calendar Year. |
|-----------------|-----------------|-----------------|-------------------------------------------------------------|
| Dental check-up | 30% coinsurance | 30% coinsurance | Limited to one exam every 6 mon                             |

#### **Excluded Services & Other Covered Services:**

| Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.) |                         |                            |  |
|---------------------------------------------------------------------------------------------------------------------------------|-------------------------|----------------------------|--|
| • Acupuncture                                                                                                                   | Hearing aids            | • Routine eye care (Adult) |  |
| • Bariatric surgery                                                                                                             | • Infertility treatment | Routine foot care          |  |
| Cosmetic surgery                                                                                                                | • Long term care        | • Weight loss programs     |  |
| • Dental care (adult)                                                                                                           | Private duty-nursing    |                            |  |

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

• Chiropractic care

• Urgent care and emergency care provided outside the United States.

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 You can view the Glossary T2114ID0060005-00
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#### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-748-5340. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>.

#### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact the plan at 1-800-748-5340, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>, or the Idaho Department of Insurance at 1-800-721-3272 (in-state only).

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does</u> <u>provide</u> minimum essential coverage.

#### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

#### Language Access Services:

For Cassia, Clark, Gooding, Jerome, Lincoln, Minidoka and Power counties in Idaho, the following applies: Para obtener asistencia en Espanol, llame al 1-800-748-5340.

-To see examples of how this plan might cover costs for a sample medical situation, see the next page.-

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 Table gold 2 plan (1/17) SBC

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Coverage for: Individual/Family | Plan Type: PPO

## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

| Having a baby     |  |
|-------------------|--|
| (normal delivery) |  |

- Amount owed to providers: \$7,540
- **Plan pays** \$4,510
- Patient pays \$3,030

#### Sample care costs:

| Hospital charges (mother)  | \$2,700 |
|----------------------------|---------|
| Routine obstetric care     | \$2,100 |
| Hospital charges (baby)    | \$900   |
| Anesthesia                 | \$900   |
| Laboratory tests           | \$500   |
| Prescriptions              | \$200   |
| Radiology                  | \$200   |
| Vaccines, other preventive | \$40    |
| Total                      | \$7,540 |

#### Patient pays:

| Deductibles          | \$1,000 |
|----------------------|---------|
| Copays               | \$0     |
| Coinsurance          | \$1,880 |
| Limits or exclusions | \$150   |
| Total                | \$3,030 |

#### Managing type 2 diabetes (routine maintenance of

a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$3,180
- Patient pays \$2,220

#### Sample care costs:

| Prescriptions                  | \$2,900 |
|--------------------------------|---------|
| Medical Equipment and Supplies | \$1,300 |
| Office Visits and Procedures   | \$700   |
| Education                      | \$300   |
| Laboratory tests               | \$100   |
| Vaccines, other preventive     | \$100   |
| Total                          | \$5,400 |

#### Patient pays:

| Deductibles          | \$1,000 |
|----------------------|---------|
| Copays               | \$0     |
| Coinsurance          | \$1,140 |
| Limits or exclusions | \$80    |
| Total                | \$2,220 |

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### **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

## What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

## Does the Coverage Example predict my future expenses?

No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

 ✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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